

Pool Standings

Day 10 after 20 games played - October 1

45+ Women's

| 45+ Women's | | Games | | | | Goals | | | Points |
|-------------|-------------------------------------|--------|------|-------|--------|-------|---------|------------|--------|
| Rank | Team | Played | Wins | Draws | Losses | For | Against | Difference | |
| 1 | New South Wales | 8 | 5 | 2 | 1 | 18 | 5 | 13 | 17 |
| 2 | Queensland Maroon | 8 | 5 | 2 | 1 | 15 | 10 | 5 | 17 |
| 3 | Victoria | 8 | 4 | 3 | 1 | 22 | 5 | 17 | 15 |
| 4 | South Australia | 8 | 2 | 1 | 5 | 17 | 23 | -6 | 7 |
| 5 | Australian Capital Territory | 8 | 0 | 0 | 8 | 3 | 32 | -29 | 0 |

Points: Points awarded for Wins: 3, Draws: 1, Losses: 0

| Team | ACT | NSW | QLD | SA | VIC |
|-------------------------------------|-----------|-----------|-----------|-----------|-----------|
| Australian Capital Territory | | 0-4 / 1-4 | 0-3 / 0-1 | 0-3 / 1-6 | 1-6 / 0-5 |
| New South Wales | 4-0 / 4-1 | | 3-1 / 1-2 | 2-1 / 4-0 | 0-0 / 0-0 |
| Queensland Maroon | 3-0 / 1-0 | 1-3 / 2-1 | | 3-2 / 3-3 | 0-0 / 2-1 |
| South Australia | 3-0 / 6-1 | 1-2 / 0-4 | 2-3 / 3-3 | | 0-6 / 2-4 |
| Victoria | 6-1 / 5-0 | 0-0 / 0-0 | 0-0 / 1-2 | 6-0 / 4-2 | |